



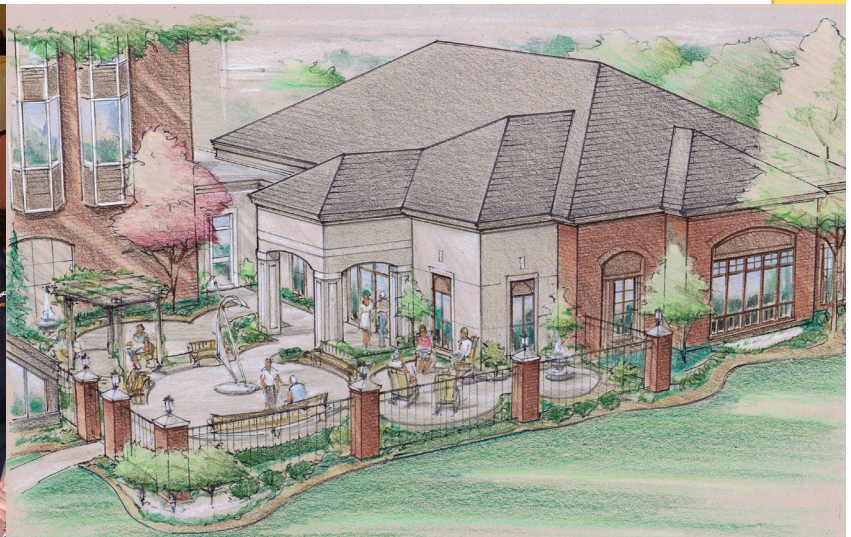
PARK VISTA OF YOUNGSTOWN



MAHONING VALLEY LIFELONG LEARNING INSTITUTE™

Exploring The Vistas Of Learning™

COURSE SCHEDULE • SPRING 2016



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Message from Park Vista's Executive Director

Dear Lifelong Learners,

This semester is packed with great lectures, captivating speakers, and the excitement of the significant progress in the construction of its dedicated space, The Gelhaar Center. The center is on target for completion in April, and its adjoining sculpture garden should be ready for visitors in May. A dedication celebration will follow in the same month.

Park Vista has grown from its humble beginnings in 1947 when it served 12 residents in a renovated home on Youngstown's north side. Since its opening, Park Vista has served roughly three generations of Mahoning Valley residents who have created incredible and lasting legacies. Through their generosity and focused leadership, Park Vista has steadily grown. Today we provide a full continuum of care to roughly 300 residents alongside innovative services such as the Mahoning Valley Lifelong Learning Institute, the Disease Support Network, the Rehab Center at Park Vista, and the technologically advanced Outpatient and Aquatic Therapy Center to over 1,600 Valley residents annually.

The Mahoning Valley Lifelong Learning Institute is a major part of our outreach in active aging services. Our donors have developed it from just an idea to a sustainable service in our Valley through their generous endowments. Their legacies will live on to serve future generations of older adults through the Harris Lecture Series on History and Political Science, the Gelhaar Lecture Series on Arts and Culture, and the Kyle Lecture Series on Religion and Spirituality all within the state-of-the-art Gelhaar Center. Made possible by Charlotte C. Gelhaar, this center houses charitably named areas such as the Kyle Classroom, Lamb Atrium, Neckerman Porch, and the one-of-a-kind Berlin Sculpture Garden. Additionally, the Gelhaar Center contains audio/visual equipment provided by the Schmutz family and landscaping provided by the Young family. Our donors — 84 in total — have given depth and differentiation to our Institute, and I am humbled by that.

I look forward to seeing you at our dedication in May, and sharing more about the legacies that serve the Institute and our campus.

Enjoy the semester!



Masterpieces of the Butler

Presenter: Dr. Louis Zona
Date: Thursday, Feb. 4, 2016
Time: 9:30 to 10:30 a.m.

The Butler Institute of American Art is the nation's oldest museum dedicated specifically to showcasing the artwork of U.S. citizens. Founded in 1919 by Youngstown native Joseph G. Butler, the museum features works from noted artists such as John Singer Sargent, Winslow Homer and Mary Cassatt. Director Lou Zona will discuss the institute's more prominent masterpieces, providing an expert look at the art that shaped America.

The Roaring Life of the 1920s

Presenter: Dr. Greg Ferro
Date: Thursday, Feb. 11, 2016
Time: 9:30 a.m. to 12:30 p.m.
Cost: \$15, non-resident, lunch included

Speakeasies. Prohibition. Jazz. All defined the "Era of Wonderful Nonsense" that was the 1920s. Learn how the excess of this decade helped shaped a nation by exploring its conflicts and tensions, its development of American popular culture, and the events that gave way to a new American perspective.

Don't forget your library card! Don't have one? Sign up for one at the pop-up library immediately following this session. The pop-up library will feature materials and information on the 1920s. It is a service of the Public Library of Youngstown & Mahoning County.

Partner Organization: 

Social Media 101: Connecting with the World Next Door

Presenter: Dr. Adam Earnhardt
Date: Thursday, Feb. 25, 2016
Time: 10 to 11 a.m.
Cost: \$5, non-resident

Want to navigate the world of social media? Adam Earnhardt, chair of Youngstown State University's Department of Communications, will provide tips and tricks for connecting with friends, family and like-minded people. He'll discuss basic set-up and connection features, and tackle privacy and security settings on major social media platforms such as Facebook and Twitter.

Partner Organization: 

Zona's Favorite Things

Presenter: Dr. Louis Zona
Date: Thursday, March 3, 2016
Time: 10 to 11:30 a.m.
Location: The Butler Institute of America Art,
524 Wick Ave., Youngstown, 44505

What's your favorite work of American art? Join us as Lou Zona, director of the Butler Institute of American Art, shows us a few of his favorites during this walking tour of the nation's first museum dedicated solely to American Art. Normal Rockwell's portrait of Abraham Lincoln will be one you don't want to miss!

To register, please visit www.MVLLI.org, or call 330.746.2944, ext. 1553.

All courses will be held in Park Vista's Roy Parks Memorial Chapel unless otherwise noted.

Please register one week in advance of each session. Payment can be made through either cash or check on the day of the event.

War, Assassination, Depression: America's Presidents from 1893-1901 and 1921-1923

Presenter: Dr. Greg Ferro
Date: Thursday, March 10, 2016
Time: 9:30 a.m. to 12:30 p.m.
Cost: \$15, non-resident, lunch included

Which former U.S. president has the distinct designation of both having part of his jaw removed and being blamed for economic depression? Who was the self-made multi-billionaire who failed as leader of the free world? This interactive lecture will explore leaders such as Grover Cleveland, William McKinley, Warren Harding, Calvin Coolidge and Herbert Hoover, taking an inside look at what shaped them and their White House years.

Don't forget your library card! Don't have one? Sign up for one at the pop-up library immediately following this session. The pop-up library will feature materials and information on American Presidents. It is a service of the Public Library of Youngstown & Mahoning County.

Partner Organization:  The Public Library of Youngstown & Mahoning County
www.libraryofyoungstown.org

Frederic Remington: Experimenting with Watercolor and Texture

Presenter: Felicia Zavarella-Stadelman
Date: Thursday, March 17, 2016
Time: 5 to 7 p.m.
Cost: \$10, non-resident,
 includes wine and hors d'oeuvres
Location: Park Vista North Lounge

Frederic Remington once said that he hoped his epitaph would read, "he knew the horse." He considered horses to be beautiful symbols of freedom on the frontier, both powerful and lifesaving. His work inspires love and appreciation for the rustic life of the West.

This class is part of the Masterwork Art Workshop Series, an interactive art program in which those attending will

not only learn about a featured classic artist, but also create art inspired by their work.

Paul Gauguin: The Rich Colors of a Tahitian Sunset

Presenter: Felicia Zavarella-Stadelman
Date: Thursday, April 7, 2016
Time: 5 to 7 p.m.
Cost: \$10, non-resident,
 includes wine and hors d'oeuvres
Location: Park Vista North Lounge

Of all of the images created by the artist Paul Gauguin, none was more striking than the one he crafted for himself. It's often said that he painted and dreamed at the same time, and there remains a profound sense of mystery in his work.

This class is part of the Masterwork Art Workshop Series, an interactive art program in which those attending will not only learn about a featured classic artist, but also create art inspired by their work.

Shakespeare's Histories: Political and Artistic, Then and Now

Presenter: Ruth Cole
Date: Tuesday, April 12, 2016
Time: 9 a.m. to noon
Cost: \$5, non-resident

Shakespeare was polished in his political awareness and his artistic genius. In his history plays, he depicts royalty of previous generations in order to praise his Tudor monarch with her ancestry as well as teach lessons with the current issues of his day to his generation. He accomplishes this with incredible artistry in words, phrases, plots, and deft blending of characters. Timeless in his political and artistic skills, much of what he writes has remained relevant through the ages to the present day.

All Barns Are Not Red

Presenter: David Stephens

Date: Tuesday, April 19, 2016

Time: 10 to 11:30 a.m.

Cost: \$5, non-resident

Have you ever taken a road trip and noticed the multiple ways that barns are included in the scenery? This program will give insight into the world of barns, including the origins of the barn, regional variations in types of barns in the eastern United States, barn paint, barn personalization and decoration, the use of barns for advertising, quilt barns and decorative barn roofs.

Container Gardening

Presenter: Ellen Speicher

Date: Tuesday, April 26, 2016

Time: 10 to 11 a.m.

Cost: \$5, non-resident

Growing plants in containers has become increasingly popular as an easy and convenient way to garden in small areas. They provide beautiful color along with fresh ingredients for cooking. Learn more about successfully growing plants in pots, with specific tips for growing beautiful flowering plants, healthy vegetables and aromatic herbs on your porch, balcony or tabletop with minimum expense and effort.

A Guided Tour of Fellows Riverside Gardens

Date: Tuesday, May 3, 2016

Time: 10 to 11 a.m.

Location: Fellows Riverside Gardens,
123 McKinley Ave., Youngstown, 44509

One of the gems of the Mill Creek MetroParks system is Fellows Riverside Gardens, a free public garden located at the park's north end. The garden attracts over 400,000 visitors each year, and features diverse plant displays, a variety of roses, annuals, perennials and flowering bulbs, and breathtaking views of the city. The tour will provide the history, plant collections, and annual displays of this magnificent 12-acre garden.

St. Damien of Molokai

Presenter: Dr. Agnes Martinko

Date: Tuesday, May 10, 2016

Time: 9:30 to 11 a.m.

Location: The Gelhaar Center

Cost: \$5, non-resident

In the late 1800s Hawaii was being transformed from an idyllic island kingdom into a bustling British colony. Hundreds of Asian immigrants were brought to the islands to assist in the transformation, working on plantations and constructing new houses. From this surge of newcomers erupted an epidemic of leprosy. Those afflicted were deported to the island of Molokai in order to contain the disease. It was a newly ordained priest from Belgium who volunteered and almost single-handedly cared for the lepers until he contracted and succumbed to the disease.

To register, please visit www.MVLLI.org, or call 330.746.2944, ext. 1553.

All courses will be held in Park Vista's Roy Parks Memorial Chapel unless otherwise noted.

Please register one week in advance of each session. Payment can be made through either cash or check on the day of the event.

Lanterman's Mill

Date: Tuesday, May 17, 2016
Time: 2 to 3:30 p.m.
Location: Lanterman's Mill, 1001 Canfield Road, Youngstown, 44511*
Cost: \$1.50 admission at Lanterman's Mill

This tour will give you an inside look at the inner-workings of the 19th century gristmill that stands as one of Mahoning County's most historic landmarks. The walking tour includes a demonstration of how the water of Mill Creek Park can turn grain into stone-ground meal, and a half-mile hike through the gorge along a scenic boardwalk trail following Mill Creek. Come see the landscape that inspired Volney Rogers in creating Youngstown's signature recreational spot.

**Please note that this tour is not wheelchair accessible.*

The Vietnam War

Presenter: Dr. Greg Ferro
Date: Tuesday, May 24, 2016
Time: 9:30 a.m. to 12:30 p.m.
Location: The Gelhaar Center
Cost: \$15, non-resident, includes lunch

The Vietnam War left a lasting impact on U.S. Foreign Policy and American society. It left many Americans with a more cautious outlook on foreign affairs, and a more cynical attitude toward the government. The Vietnam War also played a key role in fostering the emergence of a youth counterculture, sometimes referred to as the "hippie culture."

Don't forget your library card! Don't have one? Sign up for one at the pop-up library immediately following this session. The pop-up library will feature materials and information on The Vietnam War. It is a service of the Public Library of Youngstown & Mahoning County.

Partner Organization: 

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Women and the Church: Five Decades of Change

Presenter: Dr. Eileen Campbell-Reed
Date: Tuesday, May 31, 2016
Time: 2 to 3: 30 p.m.
Location: The Gelhaar Center
Cost: \$5, non-resident

Dr. Eileen Campbell-Reed will present changes to the roles, leadership, and contributions of women in churches in North America. Although they have been the majority of church members in American churches through the last four centuries, women rarely led congregations, participated in ordained ministry, or shaped the financial and supervisory decisions of churches. It wasn't until the 1960s that the American liturgical landscape saw a shift in this dynamic. In the last 50 years churches have experienced a dramatic and historical change with growing numbers of women entering into official pastoral and denominational leadership. The presentation will not only describe the changes, but also explore their meaning and significance.

Each course listed is part of one of the following lecture series:

- **The Richard and Charlotte Gelhaar Lecture Series on Arts & Culture**
- **The Jack & Jaye Harris Lecture Series on History and Political Science**
- **The Ruth Kyle Lecture Series on Faith & Religious Life**
- **The Wellness & Rehabilitation Lecture Series**

ADDITIONAL PROGRAMS

The Disease Support Network

The Parkinson's Support Group is for those who suffer from or care for those diagnosed with Parkinson's Disease. It meets the second Thursday of each month at 2 p.m. in the Park Vista North Lounge.

The Low-Vision Support Group is for those who suffer from or are caretakers for those with low vision. It meets the second Tuesday of each month at 10 a.m. in the Park Vista North Lounge.

Special Interest Clubs

The Transcendental Interest Group is a regular meeting of those individuals who wish to deepen their connection to their own inner wisdom. Through group discussion and activity, members gain a greater understanding of the impact of the "ah-ha" moments that lead to insight, inspiration and creative ideas. The group meets on the second Wednesday of every month at 6:30 p.m. in the Park Vista North Lounge. It is coordinated by Dr. Agnes Martinko.

The Readers' Club is for everyone who loves to read! Join friends to talk about the latest book or your favorite novel. The club meets on the second Monday of each month at 7 p.m. in the Park Vista North Lounge.



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The Mahoning Valley Lifelong Learning Institute will help older adults of all ages and abilities remain engaged in discovery, enriching their lives through an accessible scholarly curriculum that allows them to explore the world while staying close to home.

At Park Vista, we believe you are never too old to learn. That is why we are pleased to present these educational programs for our residents and the community.

Established in 1947, Park Vista of Youngstown provides the full continuum of care for older adults. Our residents enjoy many cultural and educational opportunities along with a wide variety of lifestyle choices. We hope you join us and while you are here, we would love to give you a tour of Park Vista's beautiful 18+ acre campus.

