



PARK VISTA OF YOUNGSTOWN



MAHONING VALLEY
LIFELONG LEARNING
INSTITUTE™

Exploring The Vistas Of Learning™

COURSE SCHEDULE • FALL 2016



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PARK VISTA OF YOUNGSTOWN

Welcome Back!

Welcome back, lifelong learners, to the Park Vista Campus and our Mahoning Valley Lifelong Learning Institute! We hope you join us for a semester packed with exceptional programming in our brand new home.

The Gelhaar Center, the most recent addition to the Park Vista campus, is a magnificent space that includes the Kyle Lyceum, an 864-square-foot addition to the Gathering Room. The Kyle Lyceum is equipped with the latest technology, including a theater grade audio/visual system, headsets for the hearing impaired, and two-way video conferencing capability that provides access to virtual distance learning. The Gelhaar Center also includes great places for socialization and reflection in the Lamb Parlor, the Neckerman Porch and the Berlin Sculpture Garden.

A foundational piece to our Institute's success now and into the future is the endowments to our lecture series for history and political science, arts and culture, and religion and spirituality. We owe a debt of gratitude to our donors for their belief in our vision to create the Institute. Their generosity can be seen in every facet of the building, with its great spaces for learning and reflection, and in the endowments that strengthen and sustain its programming.

Make time to explore, learn and discover this fall at our Mahoning Valley Lifelong Learning Institute.

See you soon!

Brian Kolenich
Executive Director
Park Vista
of Youngstown

Marise Sahyoun
Director
Mahoning Valley
Lifelong Learning Institute



Should We Engineer the Mosquito?

Date: Tuesday, Aug. 30, 2016

Time: 10 a.m. to 12:30 p.m.

Presenter: Heather Lorimer, Ph.D.

Join MVLLI, YSU College of STEM and OH WOW! for this intergenerational forum about genetic engineering to reduce malaria transmission. Participants will learn about genetic engineering and the related ethical and societal dimensions, consider different viewpoints about releasing these mosquitoes and formulate a plan to release genetically engineered mosquitoes in Mombasa, Kenya. Lunch is included. Reservations for this event are required by **Tuesday, Aug. 23, 2016.**

Splitting the Adam: Recovering the Hebrew Story of Human Origin

Date: Tuesday, Sept. 6, 2016

Time: 5 to 6:30 p.m.

Presenter: Sr. Lisa Marie Belz

Admission: \$10, non-residents, appetizers included

If you enjoy exploring the meaning of Scripture and how it relates to our lives today, this is the program for you. This course will focus on the meaning of the creation story from the Book of Genesis, and how it changed when the Hebrew text was translated into Greek and Latin.

YoChautauqua 2016

Date: Thursday, Sept. 1, 2016

Theme: Life in the 1800s

Join the Mahoning Valley Lifelong Learning Institute for a day of education and entertainment! The Youngstown Chautauqua will be a day-long event featuring music, speakers and tours describing life in the 19th Century.

Life in the Western Reserve

Time: 2:30 to 3:30 p.m.

Presenter: Traci Manning

Explore the lives of the earliest settlers of the Mahoning Valley through historical information and stories. This presentation examines what pioneer life was like for settlers living in the Valley between 1796 and 1830.

Lincoln's Life as President

Time: 5:30 to 6:30 p.m.

Presenter: Gerald Payn

Gerald A. Payn, a presenter and historian, will bring Abraham Lincoln to life in this special event. He will not only portray America's 16th president, but educate the audience on Lincoln's legend and history. From his first presidential campaign to that fateful night at Ford's Theater, Payn will provide an intimate look at the tumultuous and historic presidency of Honest Abe.

Arms Museum Tour

Time: 4 to 5 p.m.

Location: The Arms Museum, 648 Wick Ave., Youngstown, 44502

Take a guided tour of Greystone, the Arts and Crafts style home of Olive A. and Wilford P. Arms. Now known as the Arms Family Museum of Local History, this magnificent residence houses artifacts and changing galleries of life in the Mahoning Valley for different people at different times. Reservations for this event are required by **Thursday, Aug. 25, 2016.**

Classical Music of the 1800s

Time: 6:30 p.m. to 7:30 p.m.

Presenter: Harmony String Quartet

We'll round out the day with a night of music. Join the Harmony String Quartet for a musical journey featuring classical selections of the 1800s.

To register, please visit www.MVLLI.org, or call **330.746.2944**, ext. 1553.

All courses will be held in The Gelhaar Center unless otherwise noted.

Please register one week in advance of each session. Payment can be made through either cash or check on the day of the event.

Everything You Wanted to Know About Presidential Elections but Were Afraid to Ask

Date: Thursday, Sept. 8, 2016
Time: 9:30 a.m. to 12:30 p.m.
Presenter: Dr. Greg Ferro
Admission: \$15, non-resident, lunch included

The vote to elect a new President of the United States of America will be held exactly eight weeks from the date of this course. Are you ready? This course will focus on you, the voter, and your questions. Dr. Ferro will look at the Electoral College, the U.S. Constitution's information about presidential elections, and the influence of depressions and warfare on election outcomes.

The Work of Georgia O'Keeffe

Date: Tuesday, Sept. 13, 2016
Time: 5 to 7 p.m.
Presenter: Felicia Zavarella-Stadelman
Admission: \$10, non-resident;
wine and hors d'oeuvres included

For seven decades, Georgia O'Keeffe was a major figure in American art. Remarkably, she remained independent from shifting art trends and stayed true to her own vision, which was based on finding the essential, abstract forms in nature. With exceptionally keen powers of observation and great finesse with a paintbrush, she recorded subtle nuances of color, shape, and light.

The Big Short

Date: Thursday, Sept. 15, 2016
Time: 10 a.m. to 2 p.m.
Presenter: Brad Hansen
Admission: \$15, non-resident, lunch is included

This course will provide a look at the global economic downturn of the early 21st century. Attendees will first view the 2015 biographical comedy-drama, "The Big Short," and segue to discussion.

Better Photography Through Composition

Date: Tuesday, Sept. 20, 2016
Time: 5:30 to 7 p.m.
Presenter: Stephen Chalmers
Admission: \$5, non-resident

Created for beginners, cell phone users, and advanced hobbyists alike, this workshop will help you create better and more compelling photographs and videos through improved composition. The discussion will begin with an overview of photographic compositional strategies and segue to an open discussion. Participants are welcome to bring their own images.

Fall Gardening

Date: Thursday, Sept. 22, 2016
Time: 10 to 11:30 a.m.
Presenter: Ellen Speicher
Admission: \$5, non-resident

Fall gardening includes much more than raking leaves. The fall months are a great time to fertilize, mulch, prep beds for spring and plant! This course will provide a look at what can be planted in the fall, which vegetables can be harvested through the winter, and what can be grown indoors to tide you over until the first days of spring.

A Look at American Presidents from Cleveland to Hoover

Date: Tuesday, Sept. 27, 2016
Time: 9:30 a.m. to 12:30 p.m.
Presenter: Dr. Greg Ferro
Admission: \$15, non-resident, lunch is included

This interactive lecture discusses the administrations and lives of Presidents Grover Cleveland, William McKinley, Warren Harding, Calvin Coolidge and Herbert Hoover.

That's Entertainment, Part I

Date: Thursday, Sept. 29, 2016
Time: 10 a.m. to noon
Presenter: Joy Decker
Admission: \$5, non-resident

This presentation and sing-along will take an in-depth look at the beloved artists of the golden age of movie musicals. Join us as we learn about the development of motion pictures, and the people who made them so enjoyable.

The Blue Zones: Lessons on Leading a Healthy Lifestyle

Date: Tuesday, Oct. 4, 2016
Time: 10 a.m. to noon
Presenter: Tiffany Hughes, Ph.D.
Admission: \$5, non-resident

The Blue Zones are regions of the world with exceptional longevity. Scientists have studied the people of these regions, and the secrets of their longevity are being unlocked. This program will take you through each Blue Zone, describe the common factors they share, and discuss ways that you can start leading a Blue Zones lifestyle.

Lost Youngstown

Date: Thursday, Oct. 6, 2016
Time: 10 to 11 a.m.
Presenter: Sean Posey

Sean Posey, author of "Lost Youngstown," will address the urban history of Youngstown, Ohio. Topics will include: city theaters, neighborhoods, industry and dance halls. Signed books will be available for purchase afterwards.

Georges Seurat

Date: Tuesday, Oct. 11, 2016
Time: 5 to 7 p.m.
Presenter: Felicia Zavarella-Stadelman
Admission: \$10, non-resident;

wine and hors d'oeuvres included

Few individual artists can be said to have influenced the course of modern art to any great degree. Yet one man not only did just that, but did so with just a few paintings. He rejected the soft, irregular brushstrokes of impressionism for pointillism, the technique he had perfected. He changed modern art with one painting — simply by taking a walk in the park.

Socrates, Plato and Aristotle

Date: Thursday, Oct. 13, 2016
Time: 9 a.m. to noon
Presenter: Vince Lisi
Admission: \$5, non-resident

This course will review the basic teachings of Socrates, Plato and Aristotle, and their relevance to people today as they search for identity, meaning and purpose in life.

Volunteering with the Senior Corps

Date: Tuesday, Oct. 18, 2016
Time: 10 to 11 a.m.
Presenter: Gerard Kelly

Learn about the evolution of national civilian service in the United States as we explore various methods of involvement, specifically SeniorCorps. This organization, started by President Lyndon B. Johnson, is comprised of volunteers, 55 and older, that serve in RSVP (Retired & Senior Volunteer Program) as episodic volunteers, Foster Grandparents and Senior Companions.

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An Introduction to 3-D Printing

Date: Thursday, Oct. 20, 2016
Time: 10 a.m. to noon
Presenter: Dr. Brett Conner
Admission: \$10, non-resident

In his 2013 State of the Union address, President Barack Obama referred to 3-D printing as something that “has the potential to revolutionize the way we make almost everything.” This is your chance to learn about this game-changer. The course will examine fundamentals of 3-D printing, how to design and make a printed item, and its different uses.

The Seven Most Interesting Presidential Elections Since World War II

Date: Tuesday, Oct. 25, 2016
Time: 9:30 a.m. to 12:30 p.m.
Presenter: Dr. Greg Ferro
Admission: \$15, non-resident, lunch included

This course will cover the campaign, issues and outcomes of the following elections: 1948 (Truman vs. Dewey), 1960 (Kennedy vs. Nixon), 1968 (Nixon vs. Humphrey), 1976 (Carter vs. Ford), 1992 (Clinton vs. Bush), 2000 (Bush vs. Gore) and 2008 (Obama vs. McCain).

Fresh Approaches For Ministry in an Increasingly Secular Age

Date: Thursday, Oct. 27, 2016
Time: 2 to 3:30 p.m.
Presenter: Bill Gorderer
Admission: \$5, non-resident

Many of us have cherished memories of our childhood church, but we know that they have fallen on hard times. Increasing numbers pursue other options on Sunday morning yet ministry in the 21st Century is thriving and shaping society. This discussion and reflection will be led by Reverend Bill Golderer who has spent over 15 years revitalizing congregations to help fashion a more compassionate, just society.

Overview on Types of Meditation

Date: Tuesday, Nov. 1, 2016
Time: 10 to 11 a.m.
Presenter: Carol Huncik
Admission: \$5, non-resident

This program reviews a range of meditation styles to help one find stress relief and peace. Attendees will try breathing techniques, mantra meditation, visualization, mindfulness and more. Gentle chair yoga movements will be used to start the class. Beginners and those more advanced welcome!

OH Wow! Intergenerational Program

Date: Thursday, Nov. 3, 2016
Time: 10 a.m. to noon
Location: OH Wow! The Roger & Gloria Jones Children’s Center for Science and Technology, 11 W. Federal St., Youngstown, 44503

Join The Public Library of Youngstown & Mahoning county and OH WOW! as we explore the “Science All Around Us.” This hands-on workshop will share fun science experiments using simple household items.

The Role of Mary in the Church/World

Date: Thursday, Nov. 10, 2016
Time: 10 a.m. to noon
Presenter: Father Gary George
Admission: \$5, non-resident

Using the gift of scripture, reflections and life experience, Father Gary George will take attendees on a journey through the life of Mary, and evaluate her influence and relevance in the life of the church and world. Special focus will be given to an ancient icon, Mary, Mother of Mercy.

Henri de Toulouse-Lautrec

Date: Tuesday, Nov. 15, 2016

Time: 5 to 7 p.m.

Presenter: Felicia Zavarella – Stadelman

Admission: \$10, non-resident;
wine and hors d'oeuvres included

We know Henri de Toulouse-Lautrec as a bohemian artist of 19th century Paris. Lautrec captured the spirit and emotion of the era in his portraits, sharing in the joie de vivre of the time. Within a decade he was famous for his spectacular posters of the Moulin Rouge. Over a century later, his high-kicking dancers with their layered petticoats and plumed hats remain among the most striking images of modern art.

That's Entertainment, Part 2

Date: Thursday, Nov. 17, 2016

Time: 10 a.m. to noon

Presenter: Joy Decker

Admission: \$5, non-resident

This presentation and sing-along is a continued exploration of the beloved artists of the golden age of movie musicals. Join us as we learn about the development of motion pictures, and the people who made them so enjoyable.

Pearl Harbor

Date: Tuesday, Nov. 29, 2016

Time: 9:30 a.m. to 12:30 p.m.

Presenter: Dr. Greg Ferro

Admission: \$15, non-resident, lunch is included

Join us as we look at what led to the Dec. 7, 1945 attack on Pearl Harbor, and what has happened with international relations since 1945. The course will take a look at similar attacks in the decades leading up to that fateful day.

A Funny Thing Happened on the Way to the Forum

Date: Thursday, Dec. 1, 2016

Time: 6:45 p.m.

Location: Bliss Hall, Youngstown State University,
One University Plaza, Youngstown, 44555

Admission: \$8, residents and non-residents

“A Funny Thing Happened on the Way to the Forum” is a musical inspired by the farces of the ancient Roman playwright Plautus. The musical tells the story of a slave named Pseudolus and his attempts to win his freedom by helping his young master woo the girl next door.

The play will begin at 7:30 p.m. in Bliss Hall's Ford Theater. A pre-show discussion with the show's director will be held at 6:45 p.m. in Bliss Recital Hall.

Reservations are required by **Thursday, Nov. 24, 2016.**

Each course listed is part of one of the following lecture series:

- The Richard and Charlotte Gelhaar Lecture Series on Arts & Culture
- The Jack & Jaye Harris Lecture Series on History and Political Science
- The Ruth Kyle Lecture Series on Faith & Religious Life
- The Wellness & Rehabilitation Lecture Series



Classes with this logo are part of the Masterwork Art Workshop Series, an interactive art program in which those attending will not only learn about a featured classic artist, but also create art inspired by their work.

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The Mahoning Valley Lifelong Learning Institute will help older adults of all ages and abilities remain engaged in discovery, enriching their lives through an accessible scholarly curriculum that allows them to explore the world while staying close to home.

At Park Vista, we believe you are never too old to learn. That is why we are pleased to present these educational programs for our residents and the community.

Established in 1947, Park Vista of Youngstown provides the full continuum of care for older adults. Our residents enjoy many cultural and educational opportunities along with a wide variety of lifestyle choices. We hope you join us and while you are here, we would love to give you a tour of Park Vista's beautiful 18+ acre campus.



PARTNERS

